

HDFS- Human Services Option Checklist

2011-12 Catalog Year

Name: _____

ID: _____

HDFS CORE: – required for all options

Complete each of the following:

- {4}__ HDFS 311 Infant & Child Development
- {4}__ HDFS 314 Adult Development & Aging
- {4}__ HDFS 341 Family Studies
- {4}__ HDFS 360 Critical Thinking in HDFS
- {4}__ HDFS 361 Applied Research Methods

Choose any 3 additional courses:

- {4}__ HDFS 313 Adolescent Development
- {3}__ HDFS 431 Fam/School/Community
- {3}__ HDFS 432 Children w/ Special Nds
- {4}__ HDFS 444 Fam Violence across the Lifespan
- {4}__ HDFS 447 Families and Poverty
- {3}__ HDFS 465 Special Topics in HDFS

Required Supporting Courses (non-HDFS):

- {3}__ HHP 231 (COCC) Human Sexuality
- {3}__ SP 218 Interpersonal com (COCC)
- {4}__ FN 225 Nutrition (COCC)
- {4}__ PSY 201 Gen Psyc (COCC)
- {4}__ PSY 202 Gen Psyc (COCC)
- {4}__ SOC 201 Intro to Soc (COCC)
- {3}__ WR 227 Tech WR (COCC)
- {8}__ Mth 243 & 244 (COCC) **or**
ST 201 & ST 209 (OSU Online) {4} **or**
ST 351 (OSU online) {4}

HS OPTION Requirements:

- {4}__ HD 291 Practicum & PSY 280 (1)(COCC)
- {10}__ HDFS 410 Adv Intern
- {4}__ HDFS 462 Skills for HS Professionals
- {3}__ HDFS 461 Prog Dev & Proposal Wr (WIC)

Lower Division Coursework is listed as COCC department and course numbers for a list of OSU-Corvallis or E-campus course please see your advisor.

{ } = credits

BACCALAUREATE CORE:

Students with an AAOT have completed the Skills and Perspectives sections of the Bacc Core.

(SEE distribution list of acceptable courses COCC & OSU)
http://www.osucascades.edu/sites/default/files/BACC_CORE_Distribution_List_0.pdf

Skills:

WR I _____
WR II **WR 227 – in major** _____
SPEECH **SP 218 – in major** _____
MATH **MTH 243 –in major** _____
FITNESS _____

Perspectives: *no more than 2 depts. allowed in perspectives*

PHYS SCI _____
BIO SCI _____
PHYS or BIO SCI _____
WESTERN CULTURE _____
CULTURAL DIVERSITY _____
LIT & ARTS _____
SOCIAL PROCESS & INST **PSY 201 –in major** _____
Diff Power & Discrimination _____

Synthesis: *must be from 2 different depts.*

Contemporary Global Issues **HDFS 447-in major** _____
Science, Tech & Society _____

HDFS- Human Services Option



Important Numbers: READ THIS

- **180**—total number of credits required to graduate from OSU
- **60**—number of upper division credits required (39 in HDFS)
- **124**—maximum number of credits which can be transferred from a community college
- **45 of last 75** credits must be OSU credits

Important Notes:

- Not all the courses listed are offered each term. Check course guide for availability.
 - Work with your Academic Advisor to create your academic plan.
- Check the Bacc Core Course Guide for specific courses student may use to fulfill those requirements.
http://www.osucascades.edu/sites/default/files/BACC_CORE_Course_Guide_0910_4.pdf
- It is the student's responsibility to make certain that all prerequisites are met or instructor permission is granted for courses that require one or both of these conditions.
- **It is the student's responsibility to double check that all requirements are met. The advisor can suggest courses and assist the student in constructing a plan of study, but the student, in the end, is responsible for assuring all requirements for graduation are met.**

NOTES: