

## Student E-Newsletter - April 2007

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### **The Food 'n Fiddle**

What can be better than free food and live fiddle music? **Tuesday, April 3** in the Cascades Hall Atrium there will be burgers (veggie, chick & cow), rootbeer floats, **live music by the Erins** and maybe even a dart throwing competition. Stop by **11:30am - 1:30pm**.



### **Try the Bus - For Free**

Do you want to make less impact on the environment? Try taking the bus to school! Now that spring is here, you don't even have the excuse of snow. The OSU-Cascades Student Fee Committee will be giving away **FREE ticket books during the Food 'n Fiddle** to students who pledge to leave their car at home and try the bus during spring term. There will be a limited amount, so stop be sure to stop by early.

### **Upcoming Postcards from the Edge Presentation**

**April 11th, 12:00-12:45pm in Room 248**

#### **Bulgaria: Pualani Helmbrecht**

Pualani Helmbrecht spent a term on a student research project in Bulgaria. Through video and discussion, come learn about the environmental and social impacts of EU accession from a student's perspective.



### **Women's Center Happenings**

Spring Term-Ongoing **Monday meetings from noon to 1p.m.** in the atrium of Cascades Hall. Bring your lunch, plan events and be part of a great group of people.

**April 7th- Smith Rock Hike.** Meet at Cascades Hall at 9 a.m. Bring a lunch, we will be

riding together in an OSU van. We will be arriving back in Bend at 2p.m.

**April 11th- Gender Communication** from noon to 1:30 Rm.118 Cascades Hall.  
**"I Can't Believe You Said That!!": The Dynamics of Communication Among Women and Men**

Are the speaking patterns of women and men really that different? Come to this workshop to explore the different communication styles and dynamics involved in cross gender interactions. Tools will be offered for promoting respectful, inclusive environments for both women and men at home, at work, and in the classroom. Presented by Karen Roth, Adjunct Faculty, OSU Cascades Department of Teacher and Counselor Education

**April 20th- International women film night and discussion group.**  
E-mail Tara Sobrio for more details. [tsobrio@gmail.com](mailto:tsobrio@gmail.com)

**SASS Service Opportunity**

Join the Students Active in Social Sciences (SASS) in serving food at the Bethlehem Inn on **April 14th 11:30-1:30**. This is a great way to get involved in a club, and give back to our community.

**Research Rountable with Dr. Coehlo, HDFS**

**Dr. Deborah Padgett Coehlo**, Professor of Human Development & Family Sciences, presents current findings from a study designed to explore **goal setting in later life**. Dr. Coehlo examines the categories of goals made by older adults, the differences between hoped-for selves and feared-selves, and variables that impact self-efficacy, or the belief that positive goals will be reached and feared goals (i.e., living in a nursing home) will be prevented. Join Dr. Coehlo on **April 4, from noon-12.45, in Cascades Hall 117**.

**Career Services Workshops - Spring 2007**

TAKE CHARGE OF YOUR CAREER! DON'T WAIT! Be pro-active with your career decision-making and competitive in your job seeking. Sign up for workshops that can help you explore career possibilities or market yourself for a job or internship. Take a look at the workshops we're offering spring term in Cascades Hall:

**Marketing Yourself-Resume Trends**

April 14, Sat. 9-10:15 am, Room 211

Is your resume current? Do you know what an employer is looking for? Learn how to design a resume that fits the job you're seeking and land an interview!

**Marketing Yourself-Interview Skills**

April 14, Sat. 10:30-11:45 am, Room 211

Seeking a job or internship? Learn how to effectively compete for the experience you want!

**Career Plan Now! Learn the Process**

April 17, Tues. 1:30-2:30 pm, Room 211

Undecided about your career? Learn the six-step career/life planning process and how to direct your future!

**Marketing Yourself-Job Seeking Strategies**

April 25, Wed. 4:30-5:30pm, Room 211

Learn valuable job seeking strategies to land a job or internship in the global workplace!

Would you like an individual **career counseling appointment**? Contact Marina at: [marina.martinez@osucascades.edu](mailto:marina.martinez@osucascades.edu). Or call: (541) 322-3130.

**Student Leadership Opportunities**

Want to build your resume and get fabulous hands-on experience? We are currently recruiting for 2007/08 student leadership positions. There are two different types of opportunities:

**Associated Students of Cascades Campus - Student Government**

Fall 2007 will be the start of something new and exciting at OSU-Cascades! Until now, we have not had a full student government to represent the student voice on campus, and provide students the chance to practice their skills of organizing, public speaking, leading, and entrepreneurship. We are looking for applicants to 4 ASCC positions, President,

Vice-President, Secretary-Treasurer, and Activities Coordinator. These are all paid positions, at \$10/hr. for 5 hours per week. For more information visit <http://www.osucascades.edu/studentlife/leadership.php> or contact Jacquie Coe at 22-3156/[jacquie.coe@osucascades.edu](mailto:jacquie.coe@osucascades.edu) **Application deadline for Fall 2007 ASCC positions is April 30th, 2007.**

### **Student Fee Committee**

This is a committee of 5-7 students who make the official recommendations to the state on behalf of the students of OSU-Cascades on how your student incidental fee funds will be allocated. Service on this committee involves a commitment of approximately 1 hour/week at the weekly meetings. The time commitment is a bit higher during the fee request hearings in January (2 hrs/ week). Not only are you building budgeting and civic service skills, but serving on this committee is a fundamental opportunity to shape what services, programs and activities are available for the students on this campus and will create the future legacy of OSU-Cascades. These positions are paid \$10/hr with a maximum of 15 hours per term. For more information visit <http://www.osucascades.edu/studentlife/leadership.php> or contact Jacquie Coe at 22-3156/[jacquie.coe@osucascades.edu](mailto:jacquie.coe@osucascades.edu) **Application deadline for Fall 2007 SFC positions is May 30th, 2007.**

### **Commencement 2007**

Commencement this year will be **Saturday, June 16th at 2pm in Drake Park**. Put that date on your calendar! Mailings will be going out to graduates during the first week of April, so watch for all of the detailed information to come in this packet. It will be mailed to your current address in Banner, so if it's not up to date, log on to [Student Online Services](#) to update that. Also, we will soon begin recruiting for our **Student Commencement Speakers**. Watch for application information and consider applying for this great honor.



### **Library Hour Changes - Now Open Saturdays!**

You ask, we respond-library to be **open Saturdays!** Starting Saturday, April 7th until the end of Spring term, the Campus Library will be open Saturdays, **10am-5pm**. Whether you need a place to study, a book on reserve, or help finding a citation, we'll be here for you. Please note: the library computer lab will not be open; both the Cascades and Pioneer labs will continue their regular Saturday hours.

**Research is complicated.  
Getting help is easy.**

Cascades Library Services <http://www.osucascades.edu/library>

### **COCC Shuttle Changes**



Starting Spring Term, the campus shuttle service times will change slightly. The free campus shuttle will now run from **7:30 a.m. to 4:30 p.m. every 15 minutes and coordinated with the BAT** transit services. The stop by Cascades Hall has also changed. **The shuttle will no longer stop behind Cascades Hall in the parking lot, but instead on College Way in front of the Bookstore.**

### **NEW Health Insurance Options**

OSU-Cascades students are now able to enroll in the OSU or UO student insurance plans without paying the on-campus health center fee. **Spring term coverage includes summer (until 9/20) for the same price!** If you are travelling this summer, or looking for health insurance options, this is a good deal. Providers are available in Central Oregon and other areas. **Deadline for enrollment for spring term is April 20th.** Check out coverage and enrollment forms at <http://www.osucascades.edu/studentresources/health.php>

### **Liberal Studies Pre-Education Option**

OSU-Cascades is now offering the Pre-Education Option within the Liberal Studies major. Students who choose this option have a transcript-visible pre-education notation on their undergraduate transcript, while also taking coursework to cover the various subject matter competencies typically needed by students entering elementary teacher licensure programs. For more information, go to:

<http://www.osucascades.edu/academics/liberalstudies/education.php> or contact Brenda at [brenda.mcdonald@osucascades.edu](mailto:brenda.mcdonald@osucascades.edu), 322-3105, Cascades Hall 241.

### Weekend Classes at OSU-Cascades

Weekend Classes follow the **same add/drop schedule as weekly classes. Do not wait for the first class meeting to add a class if it falls after April 13th.** Questions? See Enrollment Services for help, Cascades Hall 223



### Spring Term Calendar Dates

- Monday, April 2nd - Classes Begin
- Monday, April 2nd - Late Registration Begins (\$50 fee)
- Sunday, April 15th - Summer Registration Begins
- Sunday, May 13th - Fall Registrations Begins

### Financial Aid & Scholarships 2007-2008

Complete the FAFSA, Free Application for Federal Student Aid, at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). OSU School Code is 003210, UO School Code is 003223.

All degree-seeking students at OSU-Cascades <http://www.osucascades.edu/scholarships> - **Late Deadline June 29th, 5:00 pm.**

Other 2007-2008 Scholarships - <http://www.osucascades.edu/scholarships>. Watch application deadlines.

### OSU Cascades Spring Tuition Payment Deadline

Spring term tuition will be **due April 30th**. Pay online with no additional charge at [mybill.oregonstate.edu](http://mybill.oregonstate.edu) or contact Enrollment Services to pay in person. COCC spring term tuition is due April 13th.

### View Your Spring Term OSU-Cascades Account Balance

Go to [www.osucascades.edu](http://www.osucascades.edu) and click on Student Online Services for a direct link to your account information. If you are also registered in COCC classes then check your COCC account balance at [www.cocc.edu](http://www.cocc.edu) and click on My Login.

### Financial Aid - Spring Term

#### **OSU Spring Financial Aid Students**

Financial aid checks will be available at Cascades Hall to eligible OSU students with picture id on **Monday, April 2nd after 12:00 PM**. All other financial aid checks will be mailed directly to your current mailing address.

#### **UO Spring Financial Aid Students**

Financial aid checks will be available at the Chandler Building call 617-4660 for more information.

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OSU-Cascades Campus, 2600 NW College Way, Bend, Oregon 97701.  
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