

Task Force Recommendations



October 23, 2014
Campus Expansion Advisory Meeting

Strong start to academic year

- Strong prospective student interest
- Career Fair – 30 employers
- New faculty/staff – CS, HDFS, Facilities/Safety
- Governor's RSC grant proposals
- Research funding tops \$2.5m in 13/14
- Suicide Prevention project
- Anticipated approval - HM degree



Jack Vanderlinden

- Student government president
- Business major
- Transfer student
- Captain of mountain biking club team
- Disc golf team – made it to nationals
- Supports biking culture and an incentive plan for students
- Student Street Team



"It makes you think every day – how do I want to get to campus?"

Aimee Svendsen

- Senior, psychology
- Manager, Gear Store
- Student Street Team
- Plans on applying to counseling program

Molly Svendsen

- Sophomore, biology
- Editor in chief, Broadside
- Works at memory care facility
- Hopes to go to medical school



"I love to ski and bike. I looked at other schools in Oregon but it always came back to the outdoor lifestyle."

- Aimee

Status of Community TF Recommendations

- 71 of 90 recommendations adopted from 3 Task Forces:
 - Neighborhood Livability
 - Sustainability
 - Transportation
- Several under consideration or in review by other TFs
- 25 for review by Housing TF
- For review:
 - Regional Collaboration TF
 - Healthcare TF
- Future: Childcare TF



Status of 10-acre Property Land Use Process

Decisions

- June 3 - Bend City Planning Dept.
- Sept. 2 – Hearings Officer
- Oct. 16 – City Council

Conditions of Approval

- result of City and public input
- public road crossing improvements, parking monitoring enhancements
- if OSU buys the adjacent 46 acres, it will enter into master planning or special planned district planning process prior to undertaking any additional development



Housing

2016+

up to 1,890 students
on 10-acre campus

Task Force Recommendations – 10-acre Campus

Housing

- On-Campus & near-campus housing targets
- How to make living on campus attractive
- How to transition students to off-campus housing
- How to deal with bad behavior in student-occupied housing

KEY

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective: Establish a primarily residential campus & accommodate as many students on or within ½ mile of campus as possible

100% Adopted

Recommendations

- ✓ House 300 students on campus (about 16% of total enrollment)
- ✓ Provide mix of housing units, including ones that accommodate the needs of international students
- ✓ Develop programs to partner with (a) private developers and (b) individual landlords, with the aim of offering university-affiliated near-campus housing options¹

OSU-Cascades Comments

¹ Affiliated housing program

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective: Create a vibrant, dynamic campus with residential options that are priced competitively.

67% Adopted

Recommendations

- ✓ Offer as many of the amenities in Finding #1 above as space allows and partner with other entities to fill gaps
- ✓ Require all non-exempted freshmen to live on campus
- ✗ Require all non-exempted sophomores to live on campus or (with approval) in university-affiliated housing near campus ²
- ✓ Offer First-Year Experience and other student life programs ³

OSU-Cascades Comments

²Incentivize sophomores to live on campus by providing desirable and competitively priced amenities; recommendation to be revisited when campus expands beyond 10-acres, 1890 students

³First-year faculty committee established

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective cont: Create a vibrant, dynamic campus with residential options that are priced competitively.

- ✓ Designate space for upperclassmen and incentivize them to live on campus
- Utilize financial aid strategies to make the price of on-campus housing competitive⁵

OSU-Cascades Comments

⁵Currently researching OSU policy and financial aid policies

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective: Promote good neighbor practices for students and landlords.

83% Adopted

Recommendations

- Jointly hire staff Town/Gown coordinator with City of Bend⁶
- ✓ Partner with COROA, City, and NAs to develop landlord best practices
- ✓ Sponsor “Connect Week” for freshmen and re-engagement program for upperclassmen to connect them to the community⁷

OSU-Cascades Comments

⁶Discussions underway with City of Bend

⁷Faculty determine class/cohort readings

- ✓ Adopted
- Further Review
- ✗ Not adopted

October 23, 2014

OSU | Cascades

Objective cont: Promote good neighbor practices for students and landlords.

Recommendations

- ✓ Develop “university affiliated” preferred rental-housing provider programs for (a) private developers and (b) individual landlords⁸
- ✓ Create an off-campus living program
- ✓ Minimize impact of housing events, such as move-in/move-out days

OSU-Cascades Comments

⁸Student privacy issues to be addressed with legal counsel

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective: Set student expectations for appropriate behavior and provide mechanism for community to report violations.

90% Adopted

Recommendations

- ✓ Develop student “appropriate behavior” education program:
 - levels of consequence
 - student affairs to communicate issues to students within 12 hours⁹
- ✓ Enforce the Student Conduct Code on-and off-campus through the judicial process

OSU-Cascades Comments

⁹ Within 12 hours of confirmed incident

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective: Set student expectations for appropriate behavior and provide mechanism for community to report violations.

Recommendations

- ✓ Extend OSU housing policies to off-campus living arrangements, as appropriate
- ✓ Discourage students from living in high-occupancy rentals
- ✓ Provide a single point of contact for community complaints (Town/Gown coordinator)
- ✓ Partner with the City to develop university district monthly incident reporting and neighborhood statistics
- ✓ Establish monitoring protocols to evaluate the effectiveness of behavior management programs

OSU-Cascades Comments

- ✓ Adopted
- Further Review
- ✗ Not adopted

Objective: Set student expectations for appropriate behavior and provide mechanism for community to report violations.

Recommendations

- ✓ Develop a strong relationship with City Code Enforcement
- ✓ Educate the community about FERPA, which protects the privacy of education records
- Provide referrals from the housing office to appropriate mental health services¹⁰

OSU-Cascades Comments

¹⁰ To be reviewed with Health Care Task Force recommendations

- ✓ Adopted
- Further Review
- ✗ Not adopted

Housing

21 of 25
recommendations
adopted
for 10-acre campus

Questions?

CEAC: Health Care Task Force

Recommendations

October 23, 2014



Healthcare Task Force Participants

- Christy McLeod, BMC
- Kelly Sparks, OSU-Cascades Liaison, Associate VP for Finance and Strategic Planning
- Emily Carr, Director, MFA Creative Writing, OSU-Cascades
- Jaime Law, Student, OSU-Cascades
- Kat Mastrangelo, Volunteers in Medicine
- Dan McCarthy, Adaugeo Healthcare Solutions
- Linda Porzelius, OSU-Cascades Counseling Services
- Kara Witzke, OSU-Cascades, Instructor, Exercise and Sport Science
- Elaine Knobbs, MOSAIC Healthcare
- Tricia Stumpf, Planned Parenthood
- Jessica Jacks, Deschutes County
- Jane Reynolds, Director of Enrollment Services & Student Success, OSU-Cascades
- Penny Pritchard, Deschutes County
- Susan Keys, Associate Professor, College of Public Health & Human Services, OSU-Cascades
- David Visiko, Deschutes County

Healthcare Task Force

- Research unique, effective and sustainable models of university health care delivery.
- Evaluate pros and cons of alternative health delivery models.
- Recommend methods of developing a healthy campus community culture.

Task Force Work Plan

- Research other institutions of higher education healthcare models
 - Services provided
 - Cost of services
 - How services are accessed
 - Distance/transportation to services
- Research health care services already available in our community
 - Services provided and capacity (physical, mental and behavioral health)
 - Cost of services
 - Access to services/limitations
 - Distance/transportation to services
- Research impact of Obama care on potential recommendations
- Understand role of wellness vs. acute care needs in a university environment
- Research policies to promote wellness and enforcement on campus
- Evaluate financial feasibility/business case of possible options
- Prioritize needs and ideas by university population growth
- Make recommendations to present to CEAC

Process

- Town & Gown research
 - Montana State-Bozeman
 - UC Merced
 - UW Tacoma
 - Western Washington University
 - University River Falls Wisconsin
- Impact of healthcare reform -- current and future impacts
 - Access to care
 - Insurance parameters
- Policy vs. Recommendation
 - Insurance
 - International Population needs

Approach to health services

- Promote health and wellness for all campus students through a deliberate design of health services, policies and programs at OSU-Cascades
- Ensure the health services are cost-effective and scalable for the students served
- Engage existing community resources to be mutually beneficial to students and the community

Healthy Students + Healthy Campus = Healthy
Community

Leave healthier than when you came

Seven Elements of Wellness



Research Overview

- A 2006 study by Bowling Green State University demonstrated that 82 percent of student respondents reported that visits to their campus-based health center helped them avoid missing classes to receive medical treatment.
- However, many student health centers are now rethinking the services they provide due to the changes in the Affordable Care Act that took effect on January 2014.

Source: *NASPA Research and Policy Institute Issue Memo July 2013, Student Affairs Administrators in Higher Education*

Evolution of Student Health Services

- Many institutions developed health services to assist with acute medical needs as a convenience to students to not miss class
- Many centers have both physical and mental/behavioral health services
- In the last 10-15 years as budgets tighten and healthcare costs increase, campus health centers began to add fees for certain services.
- In January 2014, the Affordable Care Act expands to include more university age students and details the services covered as long as they are provided by a network provider (many university health services are not in-network for insurance providers)

Research overview

- Most campus health centers focus on delivery of health and wellness services to students including physical and mental/behavioral counseling
- Campus health centers vary dramatically in staffing levels
- Generally all paid for by student fees; very few have small fees at time of service
- Many health centers include an academic capacity related to healthcare such as research or student staffing
- Centers tend to cater to unique student life stressors and medical conditions

Highlights of the Affordable Care Act

- The law gives states the option of expanding Medicaid (Oregon Health Plan) to cover individuals making less than about \$15,300 a year.
- The law creates tax credits for those purchasing insurance who earn under about \$46,000 a year. Roughly 9 million uninsured young people ages 18 to 34 fall in this category and could receive tax credits. The tax credits will limit the amount an individual pays in insurance premiums for a plan purchased on the new health insurance marketplaces.

For example, a young person who wants to buy a plan on the individual market (i.e. not through an employer) and is making \$22,000 will have to pay no more than 5.9 percent of his or her income (or \$1,300 yearly in premiums). The tax credits will cover any premium costs beyond that. These benefits start in 2014 and will also assist those currently insured by making coverage more affordable.

- The law allows adult children to stay on their parent's health plan to age 26. The National Center for Health Statistics estimates that 3.1 million previously uninsured young people have already gained coverage, thanks to this provision.

Preventative Services Covered under the ACA

The following services must be covered without a copayment or co-insurance or meet the deductible. **This applies only when these services are delivered by an in-network provider.**

- Abdominal aortic aneurysm
- Alcohol misuse screening/counseling
- Aspirin
- Blood Pressure screening
- Cholesterol screening
- Colorectal Cancer screening
- Depression screening
- Type 2 Diabetes screening adults with high blood pressure
- Diet counseling – high-risk adults
- HIV screening – high-risk adults
- Immunization vaccines
 - Hepatitis A&B, Herpes Zoster, HPV, Influenza, MMR, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella
- Obesity screening and counseling
- Sexually transmitted infection prevention/counseling
- ²⁹ Syphilis screening – high-risk adults

Preventative Services Covered under the ACA – Women

The following services must be covered without a copayment or co-insurance or meet the deductible. **This applies only when these services are delivered by an in-network provider.**

- Anemia screening – pregnant women
- Bacteriuria urinary tract or other infection screening pregnant women
- BRCA counseling about genetic testing for women at higher risk
- Breast Cancer Mammography screenings – women over 40
- Breast Cancer Chemoprevention counseling – higher risk
- Breastfeeding support and counseling from trained providers as well as supplies
- Cervical cancer screening
- Chlamydia Infection screening – young active & high risk
- Contraception
- Domestic and interpersonal violence screening/counseling
- Folic Acid for pregnant women
- Gestational diabetes screening
- Gonorrhea screening higher risk
- Hepatitis B screening – pregnant women
- HIV screening and counseling
- HPV DNA Test
- Osteoporosis
- Rh Incompatibility- pregnant women
- Tobacco Use screening and interventions
- Sexually transmitted infections counseling
- Syphilis screening for all pregnant women and high risk women
- Well-woman visits

Options the Group Considered/Discussed

1. OSU-Cascades build own student services center to independently provide physical, mental/behavioral health services to students
2. OSU-Cascades build partial student services and supplement needed services with the community resources
3. OSU-Cascades provide no student health services and rely completely on community resources

Medical Offices and OSU-Cascades Campus

Primary care, urgent care, diagnostic services



Recommendation

1. OSU-Cascades build own student services center to independently provide physical, mental/behavioral health services to students

- 2. OSU-Cascades build partial student services and supplement needed services with the community resources**

3. OSU-Cascades provide no student health services and rely completely on community resources

Physical Health Services Recommended

- OSU-Cascades should provide some degree of frontline health services, in a cost effective manner, appropriate for the student population that also networks to the larger health system already in Central Oregon
 - Likely provided by Nurse Practitioner
 - Clinic should be available for same day access
 - Provide very basic health services – unexpected illness, routine allergy injections, etc.
 - Health Navigator– point of contact to ensure students get connected with a primary care provider in the community, understand resources available and how to access the services
 - Center will expand as student population increases
 - Typical ratio for a Primary Care Provider panel is 1:2,500

Supplemental Physical Health Options

- Community providers can rotate on-campus to provide health services on a scheduled/ad-hoc basis. Potential providers include:
 - Allergist
 - Nutritionist
 - Primary Care Physician
 - Endocrinologist
 - Women's Health
 - Sexual & Reproductive Health
 - Exercise/Sport Science
- Recommend that even if a student receives care at the Health Services center that they have a primary care physician established in the community or one on file in their home town

High-Need Students

- Students identified as having high risk health conditions, frequent use of the clinic or other factors that indicate health issues may be assigned a Nurse Care Manager
- The Nurse Care Manager would be assigned a group of students who fall in this category
- Nurse Care Manager will help to proactively monitor the students health with the goal of preventing acute episodes of care to keep the students healthy
- This is dependent upon the critical mass of students needing the service
- The Nurse Care Manager design could also be set up with an existing medical clinic in the community

Recommended Emotional/Behavioral Health services

- Licensed Social Worker/Counselor (LSCW) available during set hours to assist with behavioral, mental and emotional health
- Drop in basis for students to see/appointments as well
- Ratio of 1 provider:1,000-1,500 students
- LSCW perform counseling, navigation services, reinforcement of policies, programming and education
- This person should be an OSU-Cascades employee/resource

Wellness & Healthy Campus - Environmental

Policies and activities to set the precedence of a healthy campus

- Smoking/Tobacco cessation
- Drug and Alcohol
- Preventative Care policies and events – Flu Shots

Programs/Educational opportunities

- Smoking/Tobacco cessation
- Safe ride program
- Drug and alcohol
- Sexual and reproductive health
- Sexual assault prevention
- Diet & exercise
- Stress management
- Vaccination clinics – flu shots, etc.
- Anxiety management
- Sleep
- Depression

Recommended Wellness Services

- Wellness coordinator to promote educational activities and health events on campus (could be a combination of a staff member and student representative)
- Assist with development and enforcement of policies and procedures to promote wellness

Medical Transport

- Getting students to health appointments can be challenging. Recommend having the student go to health center and have the Health Navigator call for non-emergent transportation either via a taxi or Cascade Medical Transport
- Cascade Medical Transport provides direct transport from residence to medical appointments and return home.
- Students could receive vouchers to allow access to the medical transport needed for acute medical needs not offered at the Student Health Services Center.

Health Services Clinic

Small space for services – approximately 2,000 sq. ft. on campus

Staffing to start:

- 1 Nurse Practitioner
- 1 Licensed Clinical Social Worker
- 1 Health Navigator/Medical Assistant/wellness coordinator

Hours conducive to student needs

- Monday-Friday 10am-7pm
- Open when university is in session

Health Services Clinic

Once Student population reaches 5,000 the staffing model and space needs increase

- 1 Physician
- 1-2 Nurse Practitioner/Physicians Assistant
- 2-3 Licensed Clinical Social Workers
- 1 Health Navigator/Medical Assistant
- 1 Wellness coordinator

Hours conducive to student needs but able to see more students

- Monday-Friday 10am-7pm
- Open when university is in session

Recommendation: Community Engagement

It is recommended that OSU-Cascades have an ongoing group dedicated to bridging the on-campus activities and needs with the greater medical community to ensure

- Student access to services
- Ability to supplement on-campus activities on a rotating basis to leverage existing community resources
- Understand healthcare reform changes and the impact
- Invest in dedicated health services at the right time when student population reaches critical mass for healthcare

Conclusion Summary

- Student Health services should be carefully planned and managed to provide what the students need and leverage the greater healthcare system
- Under the ACA changes implemented this year, students will need to rely on Primary Care Providers for preventative care, screenings and wellness
- Behavioral & Mental health needs are essential for the student population on drop in basis
- Transportation vouchers/plan for students to access acute and preventative care
- Student Health Services should be scaleable based on student population
- Environmental health policies are essential to creating a culture of health and wellness

Campus planning depends on community members

Open Discussion



Task Force Recommendations – 10-acre Campus

Thank you.

For presentation and detailed
Recommendation Report:

www.osucascades.edu/campus-expansion-advisory-committee